CURRICULUM VITAE

Karen Kuper Shelton, Ph.D.

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EDUCATION

Ph.D. The University of Alabama, Tuscaloosa, Alabama (1996)

Major: Clinical Psychology (APA Accredited)

Specialty: Clinical Child Psychology

M.A. The University of Alabama, Tuscaloosa, Alabama (1994)

Major: Clinical Psychology

B.A. Rice University, Houston, Texas (1991)

Major: Psychology

LICENSURE

Psychologist- North Carolina (License #3558); South Carolina (License #1094) Health Services Provider-Psychologist (North Carolina) Formerly Licensed in Virginia, Florida, Washington & Nevada

PROFESSIONAL EXPERIENCE

April 2001- Independent Practice (2001-present)

Present Charlotte, NC (previous practice locations in NV, WA & FL)

Practice specialization in family forensic evaluation including child custody, parental competency, child abuse, juvenile competency to stand trial, and predispositional evaluation of juvenile offenders. Clinical evaluation services include, psychoeducational testing (e.g., learning disabilities, giftedness), developmental delay/ disabilities (e.g., mental retardation, autism), ADHD/ behavioral concerns, and a wide range of diagnostic evaluations. Provide consultation and review services for attorneys. Treatment services include individual therapy, family therapy and parent training.

February 1997- **Manager, Evaluation Services**

December 2000 (Clinical Psychologist, March 1998-September 1998; Psychometrist, February 1997-February 1998)

Hampton-Newport News Community Services Board

Youth, Family, and Adult Clinical Services/Comprehensive Outpatient Services

Newport News, Virginia

Managed Evaluation Services program that provides comprehensive psychological and substance abuse evaluations of children, adolescents, and adults referred by court, social services, psychiatry, and mental health/substance abuse treatment providers. Performed comprehensive psychological evaluations and forensic evaluations of adults and juveniles. Conducted individual, family, and group therapy with children, adolescents, and adults. Supervised psychologists, psychometrists, predoctoral clinical psychology interns, and practicum students. Provided consultation to Child and Adolescent Case Management, In Home Family Therapy Services, Adolescent Substance Abuse Services, Juvenile Detention, and Mental Retardation Case Management. Coordinated agency's therapy services for sexual abuse victims, conducted therapy with victims, and led therapy groups for adolescent female victims of sexual abuse. Trained in-home therapists and CASA volunteers on abuse and neglect issues.

September 1995- Clinical Psychology Intern

August 1996 Division of Child & Adolescent Psychiatry

University of Arkansas for Medical Sciences Arkansas Children's Hospital (APA Approved)

Little Rock, Arkansas

Comprehensive psychological evaluations and individual, family, and group therapy in inpatient and outpatient settings. Member of multidisciplinary team on child and adolescent inpatient units. Specialized training with sexually abused children and adolescents in outpatient program. Consulted weekly with public elementary school. Participated in year-long weekly seminar on the interpretation of the Rorschach using the Exner system.

September 1994- Therapist

June 1995 Child Life Center, Mobile Mental Health Center

Mobile, Alabama

Psychotherapy with children and families ages 2 to 12 years. Conducted intellectual and personality assessments. Consulted with child psychiatrist, schools, and community agencies. Trained staff on issues related to psychological testing.

August 1993- **Therapist** (Advanced Child Practicum)

August 1994 Indian Rivers Mental Health Center, Children's Services

Tuscaloosa, Alabama

Psychological evaluations and psychotherapy with children, adolescents, and families.

January 1994- Group Therapist

August 1994 Family Counseling Service

Tuscaloosa, Alabama

Co-therapist for weekly, ongoing group for female adolescent survivors of sexual abuse. Areas addressed included self-esteem, sexuality, family issues, social skills, and personal safety.

September 1991- Case Coordinator

December 1994 Alabama School-aged Assessment Service, University of Alabama

Tuscaloosa, Alabama

Team member for diagnostic and referral service for school-aged children with emotional, behavioral, or educational problems. This service served as a site for field trials for the DSM-IV. Duties included case management, administration of intellectual, behavioral, and achievement measures and structured diagnostic interviews, report writing and feedback.

August 1992 - National Institute for Mental Health (NIMH) Trainee/ Psychological Assistant

February 1994 Brewer-Porch Children's Center

Tuscaloosa, Alabama

Served as a psychological assistant for a residential program for emotionally disturbed children. Participated in multidisciplinary treatment team meetings and wrote behavioral treatment plans. Led group therapy, with an emphasis on social skills training. Performed intellectual and personality assessments.

May 1993- **Psychological Assistant**

July 1993 River Place Group Home, Indian Rivers Mental Health Center

Tuscaloosa, Alabama

Consulted on treatment planning and development of social milieu in a group home for adolescent girls with behavior problems. Co-therapist for interpersonal process and sexual issues groups. Crisis intervention.

July 1992- Clinical Psychology Trainee (General Clinical Practicum)

August 1993 Psychological Clinic, University of Alabama

Tuscaloosa, Alabama

Psychotherapy with adults, children, and families in an outpatient setting. Approaches to treatment include cognitive-behavioral, rational-emotive, and interpersonal process. Co-therapist for Parent-Child Interaction Therapy (PCIT). Conducted intake interviews and psychological assessment.

May 1992- **Psychology Trainee**

August 1992 Veterans Administration Medical Center

Tuscaloosa, Alabama

Personality assessment of patients on acute psychiatry and dual diagnosis units. Participated in multidisciplinary treatment planning meetings. Co-therapist for depression group.

ACADEMIC APPOINTMENTS/ TEACHING EXPERIENCE

September 2009- Adjunct Faculty

Present Argosy University Online

Facilitator for: Master's Degree Seminar in Forensic Psychology; Ethical and Professional Issues in

Forensic Psychology.

September 2006- Faculty

Present National Council of Juvenile and Family Court Judges, Reno, NV

June 2007- Faculty

Present National Judicial College, Reno, NV

August 2001- Adjunct Instructor

December 2001 Argosy University (Tampa)/ Florida School of Professional Psychology

Complete responsibility for teaching graduate level course in Cognitive Assessment in a doctoral clinical psychology program.

January, 1999- Assistant Professor of Psychiatry and Behavioral Sciences

December 2000 Department of Psychiatry and Behavioral Sciences, Eastern Virginia Medical School

Norfolk, Virginia

Community faculty appointment. Supervise pre-doctoral interns in EVMS' Clinical Psychology internship program.

September 1998- **Practicum Supervisor**

December 2000 Virginia Consortium for Professional Psychology

Norfolk, Virginia

Provided supervision for clinical psychology graduate students in assessment and psychotherapy practica. Guest lecturer on Ethical Issues in Forensic Assessment.

Fall, 1994 Adjunct Lecturer

Department of Psychology, Spring Hill College

Mobile, AL

Complete responsibility for teaching a course entitled, "Learning, Cognition, and Memory."

Summer, 1994 Instructor

Department of Psychology, University of Alabama

Tuscaloosa, AL

Complete responsibility for teaching a Developmental Psychology class and an Abnormal Psychology class.

Fall, 1993 **Instructor** (practicum)

Department of Psychology, University of Alabama

Tuscaloosa, AL

Complete responsibility for teaching a course in Introductory Psychology. Supervision involved weekly seminars on the Teaching of Psychology, observation of lectures, and detailed student evaluations.

PROFESSIONAL PRESENTATIONS

Shelton, K.K. (October 2009). Taking a Second Look at the Child Custody Evaluations. 2 hour CLE presented to the Oregon State Bar Family Law Annual Conference, Salishan, OR.

- Shelton, K. K. (September 2009). Psychological Evaluations in Family Court. 2 hour CLE sponsored by Union County Family District Court, Monroe, NC.
- Shelton, K.K. (January 2009). Conducting and Using Parental Capacity Evaluations. 3 1/2 hour continuing education workshop sponsored by the Oregon Dept. of Human Services and the Multnomah County Domestic Violence Coordinator's Office.
- Shelton, K.K. (June 2008). Assessment of Parental Capacity. 3 hour continuing education workshop co-sponsored by the Nevada State Psychological Association and the Washoe County Department of Social Services.
- Shelton, K.K. (June 2008). Psychological Evaluation in the Courtroom. Managing Cases Involving Persons with Mental Disabilities, National Judicial College, Reno, NV.
- Shelton, K.K. (June 2008). Developmental/Cognitive Disorders. Managing Cases Involving Persons with Mental Disabilities, National Judicial College, Reno, NV.
- Shelton, K.K. (September 2007). Adolescent Development. Fall College: Role of the Judge, National Council of Juvenile and Family Court Judges, Reno, NV.
- Shelton, K.K. (September 2007). Adolescent Development. 26th Annual Juvenile Probation and Justice Management Conference, National Council of Juvenile and Family Court Judges, Albuquerque, NM.
- Shelton, K.K. (September 2007). Cutting, Suicide and Other Self Injurious Behavior . 26th Annual Juvenile Probation and Justice Management Conference, National Council of Juvenile and Family Court Judges, Albuquerque, NM.
- Shelton, K.K. (June 2007). Cognitive Assessment. Managing Cases Involving Persons with Mental Disabilities, National Judicial College, Reno, NV.
- Shelton, K.K. (February 2007). How to Recognize ADD/ ADHD. 2 hour presentation given to the Northern Nevada Child Care Association, Sparks, NV.
- Shelton, K.K. (September 2006). Child Development: Introductory Topics for Juvenile and Family Court. 2 hour presentation given at the Fall College: Role of the Judge, National Council of Juvenile and Family Court Judges, Reno, NV.
- Shelton, K.K. (July 2006). Parental Capacity Evaluations. In-service training to the Family Court Team of the Washoe County Public Defender.
- Shelton, K. K. (March, 2006). Juvenile Competency to Stand Trial. 3 hour continuing education workshop sponsored by the State of Nevada, Division of Mental Health and Developmental Services.
- Shelton, K. K., Loney, B. R., Grooms, T. D., & Frick, P. J. (August, 1998) The Structure of Childhood Depression: An Examination of DSM Criteria. A poster presented at the Annual Convention of the American Psychological Association. San Francisco, CA.
- Shelton, K. K. & Autry, L. (January, 1996). Effective use of time-out. Inservice training workshop presented to inpatient psychiatry staff at Arkansas Children's Hospital, Little Rock, AR..
- Frick, P.J., Kuper, K., Silverthorn, P., Tapscott, M., & Jackson, Y. K., (March, 1994). Antisocial Behavior and Somatization in Mothers of Clinic-Referred Children. A paper presented at the Southeastern Psychological Association. New Orleans, LA.

Kuper, K., Frick, P.J., Wootton, J., & Ragsdale, E., & Ott, J. (March, 1994). Multi-method Multi-informant Assessment System of Parenting: The Alabama Parenting Questionnaire. A poster presented at the Southeastern Psychological Association. New Orleans, LA.

Wootton, J. M., Kuper, K. L., & Ragsdale, E. R. (March, 1994). Differential Associations of Psychopathy and Conduct Disorder with Parenting Practices. Poster presented at the Southeastern Psychological Association. New Orleans, LA.

PUBLICATIONS

- Wootton, J. M., Frick, P. J., Shelton, K. K., & Silverthorn, P. (1997). Ineffective parenting and childhood conduct problems: The moderating role of callous-unemotional traits. <u>Journal of Consulting and Clinical Psychology</u>, 65, 292-300.
- Shelton, K. K., Frick, P.J., & Wootton, J. (1996). Assessment of parenting practices in the families of school-aged children. <u>Journal of Clinical Child Psychology</u>, 25, 317-329.
- Silverthorn, P., Frick, P. J., Kuper, K., & Ott, J. (1996). Attention-deficit hyperactivity disorder and gender: A test of two etiological models to explain the male predominance. <u>Journal of Clinical Child Psychology</u>, 25, 52-59.
- Frick, P.J., Kuper, K., Silverthorn, P., & Cotter, M. (1995). Antisocial behavior, somatization, and sensation seeking behavior in mothers of clinic-referred children.

 <u>American Academy of Child and Adolescent Psychiatry</u>, 34, 805-812.

PROFESSIONAL MEMBERSHIPS

American Psychological Association
Mecklenburg Psychological Association
North Carolina Psychological Association
Society of Clinical Psychology (APA Division 12)
APA Division 53, Clinical Child Psychology
APA Division 42, Psychologists in Independent Practice
American Psychology-Law Society
Association of Family and Conciliation Courts
American Bar Association, Family Law Section- Associate